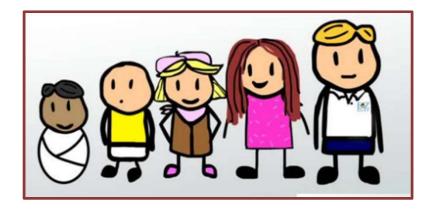
Prof. Dr. V.K. Chauhan



Why this topic?

- Homoeopaths are interested in personality which help and guides in selection of constitutional medication.
- As family physician they also need to discriminate each individual child coming to him from the same family.
- However, they all carry same **genetic** background and a common **environment**. But they are distinctly differ from each other.



 The theory that birth order affects the personality was around since long time.



Personality and birth order are set after age 5 or 6



Definition:

• **Birth order** is defined as a **rank by age** among his or her **siblings**.

Birth order is often believed to **have a profound** and **lasting effect** on **psychological development**.



Birth Order Theory was proposed by psychiatrist **Alfred Adler** (1870-1937). It is Deemed to be most influential theory on this issue.

 Frank Sulloway – supported the Adler's idea that our personality is going to be impacted by our rank.

• **Delroy Paulthus -** believed in birth order, however he also accounted for external factors as parental divorce.

Important Environmental Factors

- Family; family reactions, morality, social norms, tolerant fathers increase emotional stability and self confidence, overprotective mothers, submissive mothers, Birth order etc.
- **School**; friendships, type of curriculum, facilities.
- **Teacher;** reactions, personality and relationships.
- **Peer groups;** development of self concept, sharing, cooperation , sexuality, intimacy etc.



Dr. Kevin Leman, a **psychologist** who has studied birth order since 1967 and author of The Birth Order Book: 'Why You Are the Way You Are' .

He questions:

• How is it that a gregarious comedian and a reclusive, introspective thinker can be so different yet share the same genes?

His answer is:

• Leman believe the secret to sibling personality differences lies in birth order -- whether you're a first-, middle-, last-born, or only child -- and how parents treat their child.

First born Child:



Parental Attitude: The firstborn is naturally becomes a sort of experiment for the new parents.

- A mixture of instinct and trial and error.
- Naturally parents are extremely attentive, stringent with rules, and overly neurotic about small issues.
- This in turn may cause the child to be perfectionist, and always striving to please his parents.



First born Child:

Feelings of First born child:Everyone depends on me

- I can't get away with everything
- I don't get to be a kid
- Why do I have to do it? Nobody else does anything around here.
- How come I'm responsible for what my little brother or sister did?

First born personality Traits:

- Reliable
- Conscientious
- Confidant
- Determined
- Born leader
- Organized
- Cautious; Likes to avoid trouble
- Achievers

Careers:

- More suited for leadership roles
- Managements
- Administration
- Not for business
- **Famous First born Indians:**
- Mythological: Shri Ram
- **Political:** Jawaharlal
- Actor: Raj Kapoor / Ashok Kumar
- **Famous First born Western:**
- George W Bush
- Hillary Rodham Clinton
- Oprah Winfrey
- Jessica Simpson

Two Kind of First Borns

Compliant Nurtures and Caregiver

- Pleases others
- Very Reliable
- Conscientious
- How-can-I-Please –you
- Good students
- Needs Mon and Dads approval

The Movers and Shakers

- Assertive
- Strong willed
- High Achievers
- Hard driver
- Sets high goals
- Badger like qualities



Badger animal symbolism: It stops at nothing to get what it wants. This is a lesson for us to be persistent in our pursuits.

Comments:

- First-born kids tend to be leaders, like CEOS and founders, and are more likely to achieve traditional success.
- In short it's not necessarily the fact that a child who is born first grows up to be a leader.
- Rather, the fact is that his parents treated him as their firstborn child that shaped his attitude and behavior.

Classic Studies

Altus, (1962)

 Firstborn male college students scored higher on verbal abilities than later born.

Altus, et al., (1965)

 Birth order of students entering college at UC, Santa Barbara between 1960 and 1936 – over 60% were firstborn.

Classic Studies

Goertzel, Goertzel, & Goertzel, (1978)
 314 eminent 20th century individuals
 46% were firstborn

 Clark & Rice, (1982): Firstborns are overrepresented among Nobel Laureates.

 Terry, (1989): Firstborns are overrepresented among prominent psychologists.

Classic Studies

Birds of a Feather Flock Togetherl

The first 23 American astronauts sent into outer space, 21 were first borns and the other two were only children.

A great number of presidents and pastors are first borns. All presidents have been first born males in their family. (Excellent chances of developing first born traits and functioning as first borns, which undoubtedly helped them be effective in their role of president and leader.

Classic Studies

1992 Presidential

Campaign

- Clinton (first born)- suave, confident, loaded with answers, and projected strong leadership ablities
- Bush (middle child)- used a mediating negotiating style, even while in debate
- Perot (last born)- hard hitting, outspoken, asked lots of embarrassing questions of his opponents, and often has the audience is stitches

Classic Studies

★ Final Examples ★

- Newscasters and talk-show hosts on television are often first borns and only children
- Phil Donahue, Oprah Winfrey, Sonia Friedman, Geraldo Rivera, Arsenio Hall, Sally Jessy Raphael, and Rush Limbaugh
- Rosie O'Donnell
- Walter Cronkhite, Peter Jennings, Ted Koppel, and Dan Rather

Reportorial Rubrics with chart for top ten remedies for First Born Traits:

S.	Remedies	Total	Lyc.	Carc.	Sulph.	Nux-v.	Aur.	Ars.	Kali-c.	Cupr.	Lach.	Thuj.
No:	Rubrics	Drugs	13/9/14	9/9/14	13/8/14	12/8/14	9/7/14	12/6/14	12/6/14	8/6/14	8/6/14	8/6/14
1	Mind - Communicative	24	-	1	2	-	-	-	-	-	2	-
2	Mind - Confident	37	1	1	1	1	-	-	-	-	-	-
3	Mind - Dictatorial	50	3	-	2	1	1	1	1	2	1	1
4	Mind - Obstinate	142	2	1	2	3	1	2	2	1	1	2
5	Mind - Obedience	2	-	-	-	-	-	-	1	-	-	-
6	Mind - Dogmatic	16	1	-	-	-	-	-	3	-	1	-
7	Mind - Cautious	48	-	1	1	1	1	1	-	2	1	1
8	Mind - Carefulness	39	2	1	3	3	1	3	-	-	2	1
9	Mind - Fear - Control; losing	10	1	1	-	-	-	3	-	1	-	1
10	Mind - Fear - Failure, Of	32	1	1	1	1	2	-	-	1	-	-
11	Mind - Fear - Disgrace; Of	1	-	-	-	-	-	-	-	-	-	-
12	Mind - Fear - Career; For One's	1	-	1	-	-	-	-	-	-	-	-
13	Mind - Fear - Business Failure; Of	21	1	-	1	1	2	-	2	-	-	-
14	Mind - Duty - Too Much Sense Of Duty	29	1	1	-	1	1	2	3	1	-	2

Top Ten Remedies which cover the Traits of First born child:

Lyc.
Carc.
Sulph.
Nux-v.
Aur.
Ars.
Kali-c.
Cupr.
Lach.
Thuj.

Second / Middle Born Child:



Parental Attitude: The second born child is raised with less of an iron fist due to their experience in raising their firstborn.

- Patents may also be less attentive to the second born sine there is firstborn competing for attention.
- The parents are confidant and less impulsive.
- This may cause the second born to be less of perfectionist but more of a people pleasure due to lack of attention he gets in comparison to his older sibling.

Second / Middle Born Child:

SECOND-BORN



Feelings of Middle Child: I'm tired of being left out of things. I'm not the oldest , I'm not the youngest; who am I? (Ignored)

- Nobody understands me
- Nobody ever listens to me
- I'm always in the shadow of my older brother/sister(Ignored)
- My youngest brother / sister gets away with everything (squeezed from above and below)

Second / Middle Born Child:

Personality Traits of Middle Child:

- Open to new experiences / Travel
- Rebellious
- Unconventional
- Creative
- Flexible; more likely to embrace change and innovation
- Great Negotiator
- More empathetic and relationship focused / Lots of loyal friends
- Concerned about fairness and justice
- Less academically inclined,
- Better at using social intelligence and humour

Careers:

- More suited for Business
- Stock market
- Working in the field

Famous Middle Born Indians:

- Mythological: Lord Bharat and Lord Krishna
- Political: Sanjay Gandhi
- Actor: Shammi Kapoor / Anoop Kumar

Famous middle born Westerns:

• Donald Trump, Susan B. Anthony, Barbara Walters

Second / Middle Born Child:

Comments:

- People pleasers; the middle born need people in order to succeed and will go far to keep relationship intact.
- Thrives on friendships. Has a large social circle and have Lost of loyal friends.
- Peace makers

Second / Middle Born Child:

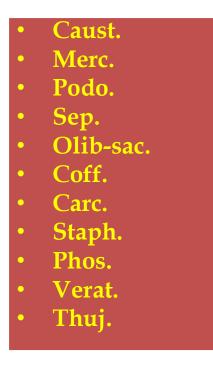
Comments:

- The sex of the child is big variable in case of middle born child.
- If the First born child is a boy and the middle child is a girl, she may possess first born characteristics
- Because though she is technically second born, she is also the firstborn female. As the second born child with an older brother.

Reportorial Rubrics with chart for top ten remedies for Middle Born Traits:

S.	Remedies	Total	Caust.	Merc.	Podo.	Sep.		Coff.	Carc.	Staph.	Phos	Verat.
No:	Rubrics	Drugs	9/5/1	6/4/1	6/4/11	5/4/1	sac. 5/4/11	6/3/	5/3/	5/3/11	4/3/	4/3/11
			1	1		1		11	11		11	
1	Mind - Rebellious	3	3	-	-	-	-	-	2	-	-	-
2	Mind - Rebels Against Poultice	17	-	1	-	1	-	-	-	1	1	-
3	Mind - Activity - Creative Activity	7	-	-	1	-	-	1	-	-	1	-
4	Mind - Travelling - Desire For - Almost	1	-	2	-	-	-	-	-	-	-	-
	Uncontrollable Desire To Travel Far											
	Away											
5	Mind - Travelling - Desire For	47	1	2	2	1	-	-	2	-	-	1
6	Mind - Idealistic	4	3	-	-	-	-	-	-	-	-	-
7	Mind - Fight, Wants To - Helpless People;	1	-	-	-	-	-	-	-	-	-	-
	For											
8	Mind - Honest	4	-	-	-	2	1	-	-	3	-	-
9	Mind - Truth - Telling The Plain Truth	12	-	-	1	-	1	-	-	-	-	1
10	Mind - Cheerful	264	1	1	2	1	1	3	1	1	2	2
11	Mind - Joy	18	1	-	-	-	2	2	-	-	-	-

Top Ten Remedies which cover the Traits of Middle Born Child:



Last Born / Youngest Child:



Parental Attitude:

- The 3rd & 4th child in the family gets a increasingly laissez- fair attitude (policy of non-interference) towards patenting.
- You are my youngest and there's no none like you attitude.

Last Born / Youngest Child:



Feelings of youngest child:

- I have to work hard to get other people to pay attention to me
- Nobody takes me seriously
- Everyone treats me like I'm younger than I am.

Last Born / Youngest Child:

Personality traits of youngest child:

- Great story teller
- Affectionate
- Fun-loving
- Manipulative
- Outgoing
- Attention seeker
- Self centered

Careers:

Youngest child is More suited for:

 Good with art, usually lowest ranking jobs
 Famous Young Indians:
 Mythological: Lord Laxman /Shatrughan
 Political:
 Actor: Shashi Kapoor / Kishore
 Kumar
 Famous Westerners:
 Drew Carey, Jim Carey, Eddie
 Murphy, Cameron Diaz. Whoopi
 Goldberg

Last Born / Youngest Child:

Comments:

- Enjoys the life
- Sometimes can be hedonistic (life is devoted to the pursuit of pleasure and selfgratification) but impacts everyone.

Only Child:



Parental Attitude: In effect this makes an only child something like a 'Super First Born'

- Being the only child is a unique position in family-Without any sibling to compete with, the only child monopolizes his parents attention and resources, not just for short period of time like First born, but forever.
- Only children have the privilege (and the burden) of having all their parents' support and expectations.

Only Child:



Feelings of Only Child:

- I didn't do as well as I should have
- Sometimes I feel lonely
- I would be much happier with a brother or sister
- I am not getting enough attention

Only Child:

Personality Trait of Only Child:

- Leaders; Mature for their age
- Perfectionists
- Conscientious
- Confident
- Diligent; Pays attention to detail
- Good in school
- Overtly critical

Careers:

Most suitable carriers for Only Child:

• Similar to First born

Example:

Famous Indian First born:

Mythological: Lord Hanuman (Monkey God)

Political: Indira Gandhi / Akbar (only son of Humayun). Jahangir (Only son of Akbar)

Famous Westerners:

Gregory Peck, Leonardo DiCaprio Robert DeNiro, Natalie Portman, Sarah Michelle Gellar, Tiger Woods and Charlize Theron

Only Child:



Careers: Gregory Peck (1916–2003) <u>Actor</u> <u>Producer</u> <u>Soundtrack</u>

Eldred Gregory Peck was born on April 5, 1916 in La Jolla, California, to Bernice Mary (Ayres) and Gregory Pearl Peck, a chemist and druggist in San Diego. He had Irish (from his paternal grandmother), English, and some German, ancestry. His parents divorced when he was five years old. An only child, he was sent to live with his grandmother

Only Child:



Leonardo DiCaprio

Few actors in the world have had a career quite as diverse as Leonardo DiCaprio's. DiCaprio has gone from relatively humble beginnings, as a supporting cast member of the sitcom <u>Growing Pains</u> (1985) and low budget horror movies, such as <u>Critters</u> <u>3</u>(1991), to a major teenage heartthrob in the 1990s,...

Careers:

Only Child:

How people see the only child: The common reaction of people towards the only child is as:

- a. Only Childs is lonely child.
- b. Only Child is self-centred.
- c. Only Child is is a spoiled brat
- d. Only Child is selfish.
- e. Only child always wants attention.
- f. Only child has difficulty socialising.
- g. Only child is more prone to get sick.

Only Child:

Comment:

Being an only child may be lonely, but it definitely has its benefits. However, the young and only child may be pampered and spoiled.

The Twins:

Parental Attitude:

'Twins' are treated as unit that operates independently or birth order. A Twin will never act like a middle born; he will always act like a Firstborn or a baby according to 'Leman'.

Twins have a tendency to:

- Have closer relations with one another than other siblings
- Have less conflict with one another than other siblings
- Be different in terms of personalities and interests, but more similar to one another than other siblings
- Twins raised apart are even more similar than twins raised together because they don't need to differentiate from one another.

The Twins:



Lav & Kush - The Royal Twins Kusha or Kusa and his twin brother Lava were the children of Rama and Sita. Their story is recounted in the Hindu epic, the Ramayana.

Twins have a tendency to be similar:

- Lava and Kusha capture the horse of the sacrifice and defeat Rama's brothers and their army and when Rama came to fight with them. Sita intervened and unites father and sons.
- Lava and Kusha became rulers after their father Rama and founded the cities of Lavapuri (currently identified as modern day "Lahore") and kusha (kasur city) respectively.

The Twins:



Ronnie and Reggie Kray Birthday: Oct. 24, 1933 Place of birth: London, England Famous for: English gangsters

Twins have a tendency to be similar:

- To say that Ronnie and Reggie Kray are criminal/gangster legends is an understatement.
- Running from the police and gang-related escapades were a habitual, after-school pastime for the Kray twins.
- It wasn't long after adolescence that they gained the reputation as the most dangerous men in London's East End.

THE UNCANNY CASE OF THE JIM TWINS



- At 3 Weeks old twin boys adopted in 1940.
- Their adoptive parents coincidentally named them both James.
- Both men came to be named Jim for short.
- The two would grow up only 40 miles apart from each other.

THE UNCANNY CASE OF THE JIM TWINS



Twin Hearts, Twin Minds

- Both Jims had married twice. The first time, they married women named Linda. When this didn't work out and they divorced, they met (and went on to marry) women named Betty.
- Both Jim Lewis and Jim Springer had a son, both gave their boy the same name, James Alan.
- Both Jims were heavy smokers, drove the same car (a Chevrolet) and had similar jobs in security (Jim Lewis was a security guard, while Jim Springer had been a deputy sheriff). They even took vacations at the same Florida beach.

Position	Family Situation	Characteristics	Remedy
Only Child	Birth is a miracle. Parents have no previous experience. Retains 200% attention from both parents. May become rival of one parent. Can be overprotected and spoiled.	Likes being the centre of adult attention. Often has difficulty sharing with siblings and peers. Prefers adult company and uses adult language.	Platina
Oldest Child	Dethroned by next child. He has to learn to share. Parent expectations are usually very high. Often given responsibility and expected to set an example	May become authoritarian or strict. Feels power is his right. Can become helpful if encouraged. May turn to father after birth of next child.	Lyco

Position	Family Situation	Characteristics	Remedy
Second Child	There is always someone ahead.	He is more competitive, wants to overtake older child. May become a rebel or try to outdo everyone. Competition can deteriorate in to rivalry.	Lyco
Middle Child	He is 'sandwiched' in. may feel squeezed out of position of privilege and significance.	May be even tempered. 'Take it or leave it' attitude. May have trouble finding a place or become a fighter of injustice.	Staph

Position	Family Situation	Characteristics	Remedy
Youngest Child	He has many mothers and fathers. Older children try to educate him. Never dethroned.	Wants to be bigger than the others. May have huge plans that never work out. Can stay a 'baby'. Frequently spoiled.	
Twin Children	One is usually stronger or more active. Parents may see one as the older.	May have identity problems. Stronger one may become the leader.	

Position	Family Situation	Characteristics	Remedy
'Ghost Child'	Child born after the death of first child may have a 'ghost' in front hi,. Mother may become overprotective.	Child may exploit mother's over-concern for his well-being, or he may rebel, and protest the feeling of being compared to an idealized memory.	Anacardium
	_		
Adapted Child	Parents may be so thankful to have a child that they spoil him. They may try to compensate for the loss of his biological parents.	Child may become very spoiled and demanding. Eventually, he may resent or idealize the biological parents.	Chamomilla

Position	Family Situation	Characteristics	Remedy
All Boys	If mother wanted Girl, can dressed as a girl	Child may capitalize on assigned role or protest it vigorously	
All Girls	May be dressed as a boy	Child may capitalized on assigned role or protest it vigorously	

Applied aspect of Birth Order

Epilepsy and Birth Order

- Obeid, et al., 2002:
 - 336 epileptics in Saudi Arabia
 - Large family size is very common
 - Mean family size is 6.8
 - Older siblings significantly more likely to have seizure disorder
 - Possibly due to prolonged labour in firstborns.

Applied aspect of Birth Order

Lateral Preference and Birth Order

- The left hemisphere has a greater need for Oxygen than the Right and therefore is more susceptible to oxygen deficiency (Liederman,1983)
- Therefore, children in either first born or later born positions are under more risk of undergoing trauma.

Applied aspect of Birth Order

Autism and Birth Order

- In families that have more than one child with autism, the middle children, particularly those born second, have a higher risk of developing autism than other children in the family, according to a study published 19 October in *PLoS One*¹.
- Ref:https://www.spectrumnews.org/news/later -born-children-at-higher-risk-for-autism/

Applied aspect of Birth Order

Sexual Preference and Birth Order

Sexual Preference and Birth Order

 "With each older brother a male's chances of being a homosexual increases by about 30% relative to a first born male."
 Wickepedia

Blanchard, 2004

- "Meta-analysis of aggregate data from 14 samples of 10,143 male subjects shows that homosexuality in human males is predicted by higher number of older brothers."
- With Each older brother a male's chances of being a homosexual increases by about 30% relative to a first born male.
- -Wikipedia

Applied aspect of Birth Order

Female Sexuality and Birth Order

Female Sexuality and Birth Order

- Bogaert, 1997
- Data on over 5,000 women was investigated.
- No relationship between birth order and female homosexuality was found.
- No relationship between birth order and female homosexuality was found.

Epilog

- There are exceptions to the standard birth order rules but the exceptions are explainable when one understands how birth order works.
- Birth order is the science of understanding one's place in the family line.

Introduction:

- Father's presence at home has a great impact on the child's Mental and emotional development. It exerts its influence directly through providing stability, interaction, emotional support and as a role model.
- Father also functions as an indirect source of maternal emotional support enhancing the quality of mother-child relationship facilitating positive adjustment by children.

Causes of fathers absence:

- Death
- Divorce
- Abandonment (Unwanted pregnancy)
- Occupation; Arms forces
- Work preoccupation (Business)

Dynamics of Father Absence and Its Effects:

- Age of Child:
 - Children are more prone to psychological effect between 1 0- 5 years of age.
- Kind of absence:
 - Temporary Separation form father causes less suffering.
- Type of Family:
 - Children in the joint family suffer less.
- Social support:
 - In the event of death of the father child gets more sympathy than when the mother has been divorced.
- Socio-economic status of the family:
 - Economically stable status with an intact home is less damaging to the child.
- Mother's physical and mental health:
 - Associated mental or physical illness in mother further endangers the development of the child.

The Behavioural problems:

- The children are prone to following behavioural problems:
- Developmental retardation.
- Conduct and sleep disorders.
- Personality problems.
- Bed-wetting.
- Disturbances in eating.
- Depression.
- Antisocial behaviour.
- Drug addiction.
- Marital difficulties.

The Behavioural problems:

Male child :

- a. Involved in drug and alcohol abuse,
- b. Drop out of school
- c. Behaviour problems
- d. Involved in crime

Girl Child :

- a. Suicide
- b. Teenage mom
- c. School drop out
- d. Behavioural problems
- e. Run away

The Behavioural problems:

The Maternal Deprivation

 The human infant is most helpless and requires the longest peiod of dependency. Therefore motherless child is at risk.

Causes of being motherless:

- Death of mother.
- Separation due to:
- Illness, Divorce, Adoption, Working mother.

Factors determining the effect:

- Degree of separation:
 - Temporary separation is less damaging.

Time of Separation:

- Infant under six months of age is able to adjust to a new caretaker with ease.
- Presence of siblings:

 Child who is alone is more prone to suffer personality disturbances.

Factors determining the effect:

- Nature of substitute nurturing:
 - Care of a close relative like the one grandmother or aunt is much less damaging.

Partial deprivation:

- Partial deprivation brings anxiety, guild, depression and affect hunger.
- Complete Deprivation:
 - It progressively deteriorates the child's development into complete withdrawal, refusal of food, weight loss and even death.

The common problems in child deprived of mother's caressing:

- Food refusal.
- Loss of weight.
- Social withdraewal.
- Mental subnormality.
- Habit disorders; thumb sucking, bed wetting.
- Personality problems; e.g., inadequate personality.
- Antisocial behaviour.
- Depression.
- Drug addiction.

Now days divorce is getting more common. It adversely affects the child's development as divorce is a matter of deep concern to children. The behavioural reaction to divorce usually depends on the developmental status of a child.

A. The younger the child more the problems encountered in following

areas:

- a. Toilet training.
- b. Sleep disturbances.
- c. Throwing temper-tantrums.
- d. Learning problems at the school.

B. In Adolescence:

a. Prone to develop Antisocial behaviour.

C. If parents involve the children in their quarrels:

- a. They may use the child as a confident alibi, burdening him with details of the other's misbehaviour.
- b. At time child may be made to feel that he is responsible for the family breakup. It gives origin to:
 - i. Feeling of guilt.
 - ii. Confusion [a common reaction]
 - iii. Disloyal to one parent when he loves the other.
 - iv. Children tend to pattern their own relations with the opposite sex on what they have seen in their own home.
 - v. They tend to repeat the errors of their parents.

D. Physician's outlook:

- a. Since the physician generally meets only the mother and hears only her story, he is apt to a distorted picture of the family situation.
- b. He must use his discretion and be cautious against unquestionably accepting her view of the events leading up to the broken marriage.
- c. The most important is to discourage prolonged criticisms against the husband.

Sibling Rivalry

A feeling of Jealousy is commonly induced by an interference to gain a love object, which could either be a person, power, possession or position. Aetiology:

- Age; common in children.
- Sex; females predominate.
- Predisposing factors:
 - a. Domestic friction.
 - b. Arrival of new baby, leading to parental neglect.
 - c. Overprotected child.
 - d. Inferiority feelings.
 - e. Desire for monopoly of the mother.
 - f. Popularity.
 - g. Scholastic achievement.

Sibling Rivalry

Clinical features

- a. Selfishness.
- b. Destructiveness.
- c. Running away from school.
- d. Night terrors.
- e. Refusal of food.
- f. Temper tantrums.
- g. Lying / stealing.
- h. Nail biting, hair pulling.
- i. Decline school performance

Sibling Rivalry

Management

- a. Such children need parental attention.
- b. They should revise their attitude towards the children.
- c. Avoid comparing / criticizing the child.
- d. Prepare the elder child before the arrival of new baby.
- e. Involve elder child to participate in the care of new baby.

Thanks